

# THE CONFIDENT COWGIRL

She follows her heart, letting her love and passion for horses direct her choices. She values the connection and partnership with her horse.

She understands that anything worth doing requires effort, and that effort trumps talent every time. She puts her emphasis on the journey and the cowgirl she is becoming along the way, and lets the result take care of itself.

She challenges herself to be the best that she can be. She is willing to practice and work hard to develop her skills. She is humble and kind, and lets her actions speak for her.

She accepts that there will be obstacles along her horsemanship journey. Instead of seeing problems, she sees opportunities. She finds the blessings in the burdens. She keeps on riding, even when the trail gets rough.

She is courageous and tries new things. She learns from mistakes. She is accepting of things she cannot change, and takes action on things she can change. She does her best each day, and she knows that she is enough.

She is a loyal and empathetic friend, ready to lend a hand or be a listening ear. She knows the power of a positive mindset, and she spreads positive energy and encouragement everywhere she goes. She believes that horsemanship journeys are better when shared with others.

She trusts herself and her horse. She believes that horses are a part of her life's purpose, a piece of her identity. She has a clear vision for her horsemanship journey, and she lives it everyday.

She is gritty.